

Cure that means Sammy can stand straight again

Ryan Jennings

A WOMAN has beaten the odds by standing up straight for the first time in years after she was diagnosed with a debilitating spinal condition.

Samantha Sayer, of Maldon, was 18 when she was diagnosed with scoliosis.

But treatment at a specialist clinic has allowed her to go back to work and return to the swimming pool.

Samantha, now 21, of Meeson Meadows, said: "I just don't understand why there are so many people out there who are told that there is no

other treatment other than major spinal fusion surgery."

The beauty technician, known to friends as Sammy, had been told to expect a risky major operation, which would include metal rods being used to straighten her spine.

Instead, Sammy went for treatment at the London-based Scoliosis SOS Clinic for four weeks and is now reaping the benefits.

She was given exercises by her therapist, which have improved her posture, and Sammy is now pain free.

"Being able to ease my pain and improve my physi-



cal appearance has been amazing.

"I am now in total control of my body – I know what's good for my back and what's not. It was helpful meeting other people suffering from scoliosis, as I felt for the first time that I wasn't alone.

"I would encourage anyone to make sure that they act sooner rather than later as my back dramatically deteriorated within 18 months."

Scoliosis affects about four per cent of the population. For details, call 01394 389670 or go to scoliosissos.com

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